

### Small Group Activity: Reconciling Transition within a Family Systems Framework

Discuss each of the transition concepts from a family systems orientation. Think about the family you read in the vignette. How would they view these transition concepts? Would they agree or disagree with these concepts? What are some strategies you could implement to reconcile the family's orientation toward transition to make it mutually beneficial for all involved, including the family, the student and yourself as the professional?

Transition Concept	Family Systems Orientation	Reconciling Strategies
Focus on autonomy and individual decision-making skills and that youth with disabilities should make choices about their future.		
Emphasis on developing and using problem-solving and skills needed for planning for the future		
Focus on positive vision for the future and ensuring that students are involved in creating this vision.		
The student with the disability is considered to be the person driving the planning process and is at the center of all planning.		

<b>Transition Concept</b>	<b>Family Systems Orientation</b>	<b>Reconciling Strategies</b>
Students possess an understanding of their disabilities, self-awareness , and value themselves as individuals.		
Students are self-advocates and can communicate their needs and accommodations to those around them.		
Emphasis on seeking help and assistance from those outside the immediate family, such as professionals and service agencies.		